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GENDER DIFFERENCES IN HYPERTENSION

Doctors find differences in hypertension trends in men versus women

New York (May 19, 2012) – The 27th Annual Scientific Meeting of the American Society of Hypertension (ASH) will feature a discussion by Dr. Jennifer Sullivan entitled “Gender Differences in Hypertension.”

The presentation is part of a session entitled “Gender and Hypertension,” which will highlight issues in diagnosing and treating hypertension in men versus women, especially pregnant women.

Dr. Sullivan, Assistant Professor in the Georgia Health Sciences University Section of Experimental Medicine, will discuss her research into how differences in the mechanisms of blood pressure regulation between males and females may relate to clinical care. Her research has focused on the differences in the way males and females develop high blood pressure or hypertension, and the fact that treatment options largely remain the same for men and women.

Dr. Sullivan also discusses her research on the progression of hypertension in the sexes, as well as the possible differences in the development of hypertension in men and women. She explains that although blood pressure generally increases as people age, men start to develop hypertension a decade earlier than women.

“Less is known about how hypertension affects the sexes individually,” said Dr. Sullivan. “We should expand our view to look at these differences in order to better care for patients and develop more personalized approaches to medicine.”

Finally, her presentation will detail some of the specific cardiovascular effects of hypertension in patients.

For a complete list of annual meeting sessions or for details on attending the conference, call (617) 226-7183 or visit www.ash-us.org and click on scientific meetings. There is no registration fee for accredited journalists. Interview areas will be available on-site in addition to a fully-staffed press room with phone and internet accessibility.

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About the American Society of Hypertension, Inc.
The American Society of Hypertension, Inc. (ASH) is the largest U.S. professional organization of scientific investigators and healthcare professionals committed to eliminating hypertension and its consequences. ASH is dedicated to promoting strategies to prevent hypertension and to improving the care of patients with hypertension and associated disorders. The specific focus of the Society is to translate current research findings on hypertension into effective treatment strategies, in order to better address the needs of hypertensive patients. For more information, please visit www.ash-us.org.