

**ADVANCES IN
CARDIOVASCULAR
RISK REDUCTION**

**Improving treatment for
patients with diabetes**

Jointly provided by the NYU Post-Graduate Medical School
and the New York Chapter American College of Physicians

Thursday, May 11, 2017

LOCATION:
NYU Langone Medical Center
Alumni Hall, Farkas Auditorium
550 First Avenue • New York, NY 10016

COURSE DIRECTOR:
Arthur Schwartzbard, MD

med.nyu.edu/cme/cardiovascular

Co-Organized by the Division of
Cardiology and the Division of
Endocrinology, Diabetes, and
Metabolism

Advances in Cardiovascular Risk Reduction

Thursday, May 11, 2017

TO REGISTER: <http://www.med.nyu.edu/cme/cardiovascular>

This one-day course will cover state-of-the-art management of patients with cardiovascular risk factors, with a focus on prevention. The morning session will focus on the latest scientific and clinical advances in the management of diabetes. Topics will include recent technological advances in diabetic care, a new algorithm for choice of therapies for T2DM and the management of inpatient diabetics. The role of diabetes nurses and their impact on a medical practice will also be presented. The afternoon session will include an update on platelets, PCSK9, APO C3 and triglycerides. Current strategies for atherosclerosis imaging will be reviewed as well as the clinical management of resistant hypertension.

DIETARY AND LIFESTYLE STRATEGIES FOR CARDIOVASCULAR RISK REDUCTION

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Friday, May 12, 2017

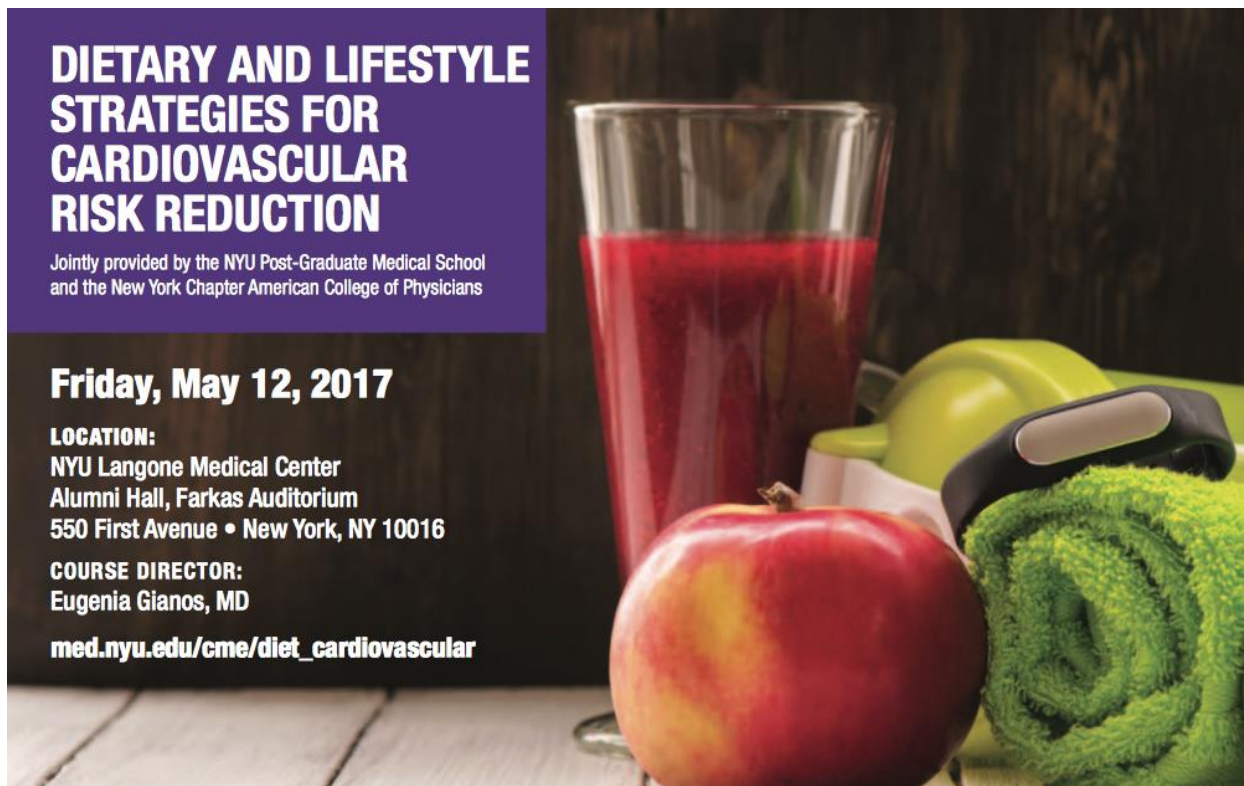
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COURSE DIRECTOR:

Eugenia Gianos, MD

med.nyu.edu/cme/diet_cardiovascular



Dietary and Lifestyle Strategies for Cardiovascular Risk Reduction

Friday, May 12, 2017

TO REGISTER: http://www.med.nyu.edu/cme/diet_cardiovascular

The objective of this course is to review the evidence for diet and cardiovascular disease including recent guidelines, analyses and controversies while providing practical counseling advice for assessing and implementing change to patients' diets and lifestyle patterns. The evidence for dietary supplements will be reviewed as well as the evidence for exercise and how to appropriately and safely prescribe an exercise regimen for the prevention and treatment of cardiovascular disease. The goal is for attendees to have a better understanding of the evidence for Mediterranean diet, DASH diet and a whole food/plant-based diet as well as other diets with evidence for CVD prevention. Attendees will learn specific time-efficient strategies to assess patients' diet, use technology and motivational strategies for greater patient engagement and convey basic dietary advice within the time constraints of an office visit.