



Carolinas & Georgia Chapter  
American Society of Hypertension, Inc. (ASH)

*In association with*



Experts in Hypertension Seminar Series *Express*

## Application of JNC 7 & Trial Results to Clinical Practice

**2.5**  
**Category 1**  
**CME Credits**

Wednesday June 13, 2007

6:00pm - 9:00pm

Lowcountry AHEC

302 Medical Park Drive

Walterboro, South Carolina 29488



For more info call (843) 876-1102

Or

(843) 782- 5052

### CREDIT DESIGNATION

"The American Society of Hypertension, Inc. designates this educational activity for a maximum of 2.50 Category I credits toward the Physician's Recognition Award of the American Medical Association. Each physician should claim only those credit that s/he actually spent in the activity."

### TARGET AUDIENCE

The seminar is designed to benefit physicians who deliver adult primary care. Nurse practitioners, physician assistants, pharmacists, and other health care professionals may also attend the program.

### ACKNOWLEDGMENT

We would like to thank the SC Department of Health and Environmental Control, the Hypertension Initiative, Pfizer, and, Sankyo Pharma for their support.

### ACCREDITATION

"This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American Society of Hypertension, Inc. (ASH) and the Carolinas & Georgia Chapter of ASH. The American Society of Hypertension, Inc. (ASH) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians."

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### GUEST FACULTY

#### Jan Basile, MD

Lead Physician, Primary Care

Ralph H. Johnson VAMC

Professor of Medicine

Medical University of South Carolina

Charleston, South Carolina

#### Daniel T. Lackland, Dr.PH

Professor

Department of Biostatistics, Bioinformatics,  
and Epidemiology

Medical University of South Carolina

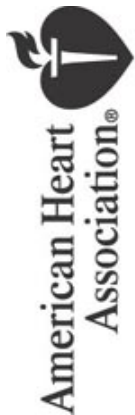
President, Carolinas & Georgia Chapter – ASH

Charleston South Carolina

Carolinas & Georgia Chapter

American Society of Hypertension, Inc. (ASH)

135 Cannon Street • 3rd Floor • Charleston, SC 29425



*Learn and Live*<sup>SM</sup>

## OBJECTIVES

The participant will be able to

- Explain the consequence of poor blood pressure control
- Explain the disparities in hypertension control between African Americans and white hypertensives
- Measure blood pressure including use of ambulatory blood pressure monitoring
- Categorize hypertension by the JNC 7 Guidelines
- Diagnose the presence of other cardiovascular risk factors including obesity, alcohol use, dietary sodium, cigarette smoking, & hyperlipidemia
- Diagnose reversible causes of hypertension particularly renal disease, renal artery stenosis, sleep apnea and hypothyroidism
- Choose initial pharmacologic therapy based on clinical trails as reflected in the JNC 7 for a hypertensive patient with stage I or II hypertension, congestive heart failure, post myocardial infarction, diabetes mellitus, chronic renal insufficiency or previous or recurrent stroke
- Choose initial pharmacologic therapy based on clinical trails as reflected in the JNC 7 for a hypertensive patient in one of these special populations: African American, left ventricular hypertrophy, the older patient, and women.
- Recognize the patient that needs initial combination anti-hypertensive therapy.
- Recognize the benefits to patient adherence provided by combination antihypertensive therapy.
- Choose appropriate combinations of antihypertensive agents based on complimentary pharmacologic effects and clinic benefit
- Recognize foods and drugs that can interfere with the efficacy of antihypertensive agents
- Choose and to implement hypertensive therapy for the uninsured or underinsured patient.
- Prescribe antihypertensive therapy based on clinical trial data for hypertension in the diabetic patient.
- Design hypertensive therapy to promote patient long-term adherence with the treatment.
- Explain and to participate in the ASH Carolinas Hypertension Initiative

EXPERTS IN HYPERTENSION SEMINAR SERIES EXPRESS:

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- 06:00 PM **Registration/dinner**
- 06:30 PM **Welcome, Review of Objectives**  
*Daniel T. Lackland, Dr.PH*
- 06:35 PM **Clinical Epidemiology:  
Southeast Challenge & Opportunity**  
*Daniel T. Lackland, Dr.PH*
- 07:00 PM **Why Patients are not getting to Goal**  
*Jan Basile, MD*
- 07:45 PM **Lifestyle Changes that help control  
Hypertension**  
*Daniel T. Lackland, Dr.PH*
- 08:15PM **Pharmacologic Therapy for BP control  
:An Update**  
*Jan Basile, MD*
- 08:55 PM **The Hypertension Initiative of South Carolina  
and ASH Carolinas/Georgia Chapter**  
*Daniel T. Lackland, Dr.PH*
- 09:00 PM **Adjourn**

## SEMINAR DESCRIPTION

The Carolinas & Georgia Chapter of the American Society of Hypertension has as its objective the reduction of cardiovascular disease by improving blood pressure control in South Carolina, North Carolina and Georgia. It will present the most current clinical information, effective treatment and strategies on hypertension. Through this effort, participation in Chapter activities will enable the physician to better manage the hypertensive patient in a primary care setting.

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Name \_\_\_\_\_ Degree \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Office Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Specialty \_\_\_\_\_

### Conference Registration Fee—\$20.00

Your \$20 fee includes dinner, seminar syllabus, and a CME letter. *Registration fee is waived for Residents, Fellows and Students.*

Resident \_\_\_\_ Fellow \_\_\_\_ Student \_\_\_\_

Please remit check (made payable to the American Society of Hypertension, Inc.) and registration form to:

Jeff Franklin

Carolinas & Georgia Chapter—ASH

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Charleston, SC 29425

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## DISCLOSURE

The American Society of Hypertension, Inc. (ASH) and its Carolinas & Georgia Regional Chapter adhere to ACCME Standards of Commercial Support. Disclosure of faculty and commercial support relationships, if any, as well as off-label usage discussion, will be made known at the conference.